

5 Perfect things to do in South Australia

With such a brilliant blend of things to see and do in South Australia, you'll want to see it all. So, base yourself in Adelaide and pick a South Australian region that appeals to you. Here are some ideas to get you started for five perfect days in South Australia.

Day One (Adelaide):

Spend the day exploring South Australia's vibrant capital city, Adelaide. Immerse yourself in the delicious smells, sights and sounds of the Adelaide Central Market, explore the vast array of jewelry and produce at the new East End Rundle Street Market (Saturday only) or treat yourself to fresh farm produce at the recently opened Adelaide Showground Farmer's Markets (Sundays only). After you have filled your basket with goodies, take a stroll down Adelaide's cultural boulevard, North Terrace. This tree-lined road is home to attractions such as the South Australian Museum and Aboriginal Cultures Gallery, the Art Gallery of South Australia, SkyCity Casino, the beautiful Adelaide Botanic Garden and the National Wine Centre of Australia. Just around the corner is the city's shopping hub, Rundle Mall, which is home to more than 550 retail outlets, including the delicious Haighs Chocolates store. Head to Magill and take a tour of the renowned cellars at Penfolds Magill Estate winery and enjoy a taste of the famous Penfolds Grange. Afterwards, catch the tram to the seaside suburb of Glenelg to browse the shops and cafes on the popular Jetty Road.

Day Two (Head to the Hills)

Only twenty minutes from the city, the Adelaide Hills are dotted with vineyards, manicured gardens and small hobby farms. Teeming with native wildlife, the hills are perfect for bush walking, picnics, and scenic drives. Spend the day exploring the historical township of Hahndorf and visit the beautiful homestead of South Australian artist, Sir Hans Heysen. Tempt your tastebuds at the Udder Delights Cheese Cellar Door in Hahndorf, and try out their new Cheese and Wine Trail. Then, enjoy a long and leisurely lunch at the renowned Bridgewater Mill. Afterwards, discover wildlife at Warrawong Earth Sanctuary, pick your own strawberries at Beerenberg Strawberry Farm, buy some tasty treats from Melbas Chocolate Factory, or cuddle a koala at Cleland Wildlife Park.

Day Three (Food and Wine):

South Australia is home to some of the best food and wine in the country and no trip is complete without a visit to one of our famous wine regions. The Barossa Valley, home to famous labels such as Wolf Blass, Jacobs Creek and Yalumba, is just an hour's drive from the city. Spend the day sipping wines and meeting the winemakers or take the new Barossa Cheese and Wine Trail where cheeses and wines have been expertly matched. And, if you still can't decide what drop you like, you can make your own blend at the famous Penfolds winery in Nuriootpa. After a day enjoying South Australia's award-winning wines, be sure to grab something to eat at Maggie Beer's Farm Shop or from one of the traditional German bakeries around the region and settle down for the night at the newly refurbished resort, 'Peppers the Louise'. If smaller, boutique wineries are more your style, the Clare Valley is bursting with premium wines and gourmet delights. Ride a bike along the scenic Riesling Trail, through charming country towns, stopping at cozy cellar doors to sample some high quality wines.

Day Four (Coast and Vales):

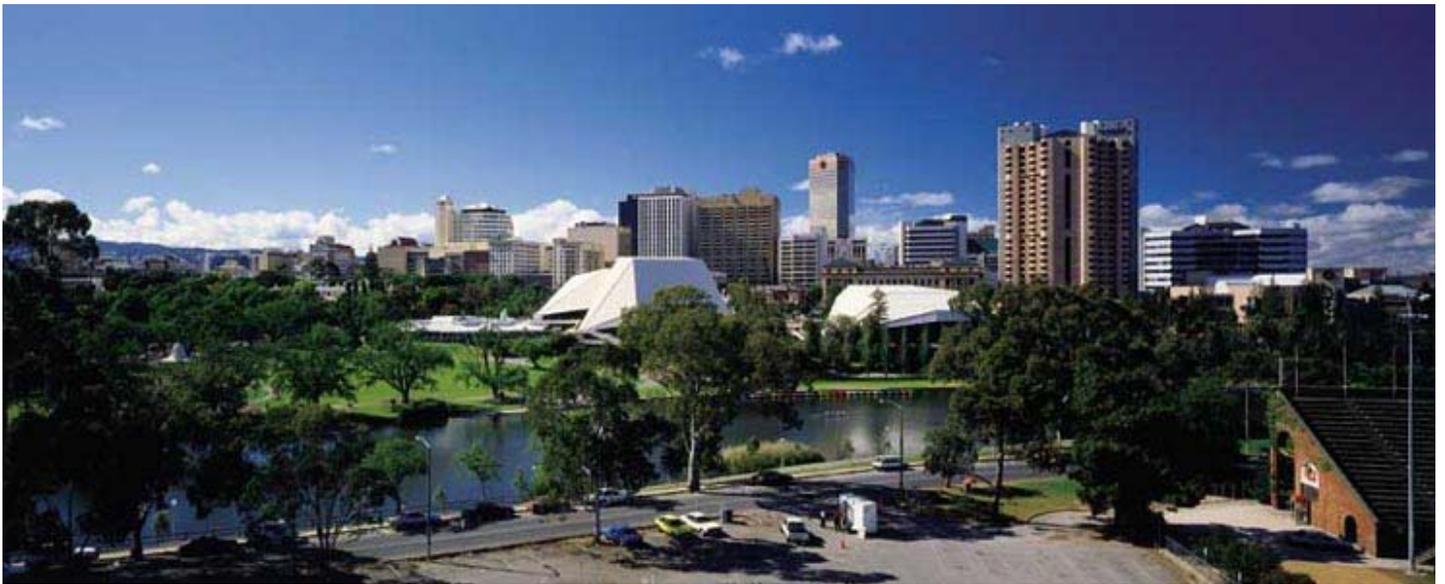
With more than 4700km of coastline, South Australia has some of the best coastal encounters in Australia. The Fleurieu Peninsula combines the best of the coast with world-class wines and gourmet produce. Unearth the classic and cutting edge cellar doors throughout the McLaren Vale wine region, or sample some delicious cheese products at Blessed Cheese. After you've tempted your tummy, indulge in a long lunch on the cliff tops overlooking Port Willunga at the Star of Greece Café. Alternatively, jump aboard the Horse Drawn Tram at

Victor Harbor and explore Granite Island, home to a colony of 2000 Little Penguins. For nature lovers, take the time to explore the remarkable strip of coastal wilderness of the Coorong National Park on a Spirit of The Coorong cruise that departs from Goolwa.

Day Five (Get Back To Nature):

South Australia is teeming with wildlife and natural experiences. Take the ferry or catch a plane to Kangaroo Island, a nature lover's paradise. Walk among the nation's third largest colony of Australian sea-lions at Seal Bay Conservation Park, marvel at the amazing geological wonder of Remarkable Rocks, or discover the array of animals at Flinders Chase National Park. The island is also home to an array of gourmet produce and innovative wineries, including the Bay of Shoals at Kingscote. To really soak up the wonders of Kangaroo Island, we highly recommend you stay for a couple of days or more.

Adelaide:



Barossa:



For reservations and information, contact Premier Aussie Specialist, Sara Hawthorne at 972-267-0034 or 888-237-8655